



Program Package

A Guide for Participants & Parents

Dan Beard Council Contingent

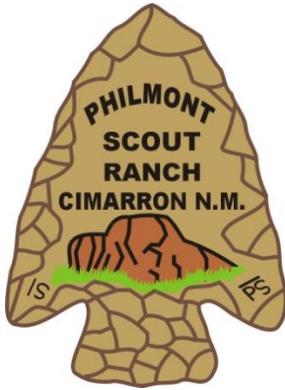
2018 Philmont Scout Ranch
June 17-July 1, 2018



BOY SCOUTS OF AMERICA
DAN BEARD COUNCIL

Prepared. For Life.





Dan Beard Council Contingent

2018 Philmont Scout Ranch
June 17-July 1, 2018

November 3, 2017

Dear Potential Philmont Participant,

In Scouting, as in life, adventure takes on many meanings: high adventure, learning, camaraderie, and simply being part of something BIGGER.

Philmont Scout Ranch is the Boy Scouts of America's largest national High Adventure Base. Its 35 staffed camps and 55 trail camps provide an unforgettable adventure in backpacking along hundreds of miles of rugged, rocky trails.

Philmont Scout Ranch programs feature the best of the Old West - horseback riding, burro packing, gold panning, chuckwagon dinners and interpretive history - with exciting challenges for today, such as rock climbing, burro racing, mountain biking and .30-06 rifle shooting. It's an unbeatable recipe for fast-moving fun and the outdoors.

So get ready... your 2018 adventure at Philmont begins now!

A handwritten signature in black ink that reads "Charley Todd". The signature is written in a cursive, flowing style.

Charley Todd
DBC High Adventure Chair

A handwritten signature in black ink that reads "Doug Siebenburgen". The signature is written in a cursive, flowing style.

Doug Siebenburgen
DBC VP for Program

A handwritten signature in black ink that reads "Jason Pigg". The signature is written in a cursive, flowing style.

Jason Pigg
DBC Staff Advisor

Communication & Updates

This Program Package is designed to be an overview to guide participants and parents through the early stages of our preparation for the 2018 Philmont Dan Beard Council Contingent. It is NOT intended to be all the information a participant will need. We have designed this package to include information we believe is not likely to change. As we prepare for this adventure, more details will be communicated. Following are places where you can learn more information:

Preparation Events

The Contingent Crew will have a couple of meetings and outings which are intended to give Scouts and parents the opportunity to become acquainted with the Contingent Crew Advisors. The program, outlined in the *Key Dates & Planning Calendar*, has been carefully planned to prepare participants for this experience. **Attendance at these events is crucial to a participant being part of a group that is working through the natural stages of team development.**

Email Updates

Know that we will continue to update participants using the “preferred email address” which you provide when you register. This “*Program Package*” will be posted on the Philmont Contingent Crew page at www.danbeard.org. If it should be revised, a summary of revisions will be listed in the revised document.

Contingent Crew Advisors

The Philmont Contingent Crew has well qualified adult Crew Advisors who were carefully selected to give participants the best possible experience. The Crew Advisors may not know the answer to every question, but they are eager to provide the most up-to-date and accurate information available.

Other

Once the crew is formed, they will also likely establish a private Facebook group or use some other type of communication method or app.

Contacts

Jason Pigg

513-577-7706

jason.pigg@scouting.org

Charley Todd

513-846-1004

charley.todd@outlook.com

Scout Achievement Center

513-577-7700

Cost & Payments

Financial affordability, being thrifty, was an important value we shared as we planned our contingent's experience for the 2018 Philmont Trek. We believe the magic of this experience is the Trek itself. As a result, we have minimized the cost of preparation, transportation and gear.

Cost for Dan Beard Council participants: \$1,600

Fee Includes:

- All Preparation Events
- All Transportation to and from Philmont Scout Ranch
- 12 Days Program at Philmont including all meals, transportation, and activities
- 2 Philmont Dan Beard Council Contingent T-Shirts
- Philmont Scout Ranch Patch
- Philmont Crew Photo

There are only 8 slots available for Scouts for 2018. Reserve your slot today with a non-refundable deposit of \$400. Register and make payments at <http://www.danbeard.org/Event.aspx?id=6544>. If you do not have access to register and pay on-line, registration and payment by check can be made in person at the Scout Achievement Center. Checks should be made out to Dan Beard Council.

The balance of the cost is due in monthly \$300 payments January-April.

Dan Beard Council believes all Scouting opportunities should be available to all Scouts in the Council. If the cost of this program would prevent you from participating, please contact Jason Pigg at jason.pigg@scouting.org . Financial assistance may be available.

Participation Requirements

- Must be 14 years old or 13 and have completed the 8th grade
- Must be First Class rank or above
- Must have completed First Aid merit badge before leaving for Philmont
- Must meet the requirements found in the Medical Requirements section of this Program Packet
- Must attend all meetings and outings in the Key Dates & Planning Calendar
- Must commit to training in order to be physically fit and prepared
- This is a male-only crew. We are planning a co-ed Philmont contingent crew for 2019 if there is interest.

Key Dates & Planning Calendar

2017

December 20 **Registration Closes**

2018

January 10 **2nd Payment Due: \$300**

January 20 2018 Philmont Kick-Off Meeting at Camp Friedlander

February 14 **3rd Payment Due: \$300**

February 25 Philmont Contingent Crew Meeting at Camp Friedlander

March 4 Philmont Contingent Crew Meeting at Camp Friedlander

March 14 **4th Payment Due: \$300**

March 16 **Completed Medical Forms Due (at the overnight)**

March 16-18 Philmont Contingent Crew Overnight at Red River Gorge

April 11 **5th & Final Payment Due: \$300**

April 22 Philmont Contingent Crew Meeting at Camp Friedlander

May 4-6 Philmont Contingent Crew Overnight at Zaleski State Park

June 10 Philmont Contingent Crew Meeting at Camp Friedlander

June 17 6:45 a.m.—Depart from University of Cincinnati on MegaBus to Chicago, arriving 11:30 a.m.

3:30 p.m.—Depart Chicago on Amtrak Southwest Chief train

June 18 10:56 a.m.—Arrive Raton, NM train station
Depart Raton train station on bus to Philmont

June 30 Mid-afternoon – Depart Philmont on bus to Raton train station
4:50 p.m.—Depart Raton on Southwest Chief train

July 1 12:08 p.m.—Arrive Galesburg, IL train station
1:00 p.m.—Depart Galesburg, IL train station for Cincinnati in volunteer parent vehicles
8:00 p.m. (estimated)—Arrive Cincinnati (location TBD)

Program

As the traditional backpacking trek at Philmont, 12-day treks give crews the opportunity to hike for 10 days in the backcountry, with an arrival/departure day in Base Camp on each end of the journey. Crews will be welcomed and accompanied by a Philmont Ranger for their first 3 days, and will participate in program activities throughout their trek. 12-day crews cover 50-120 miles over the course of their trek, and also complete the 3 hours of conservation work necessary to earn the Philmont Arrowhead Patch.

Philmont offers approximately 35 different itineraries each summer. The Crew will choose the itineraries that most closely match their interests based on:

- Difficulty & hiking distance
- Areas in Philmont traveled
- Programs available
- Mountain peaks climbed

There are over 40 program choices ranging from Archaeology, Blacksmithing, Shooting Sports, Mountain Biking, Horseback Riding, Rock Climbing & Rappelling, and many more!

Popular mountain peaks include Baldy Mountain (at 12,441 ft., it is the highest peak at Philmont) and the Tooth of Time, the Philmont classic and famous landmark on the historic Santa Fe Trail.

There are activities and experiences to meet all interests and create lifetime memories for everyone!

Youth Leadership

Throughout the history of the Ranch, the leadership growth of each youth member, while practicing the Patrol Method, has been a critical part of the total experience. Philmont programs are designed to be youth led using the Patrol Method. The participants elect their Crew Leader, divide up the jobs to be done, and share in the satisfaction of accepting and fulfilling group responsibilities. Three members of the crew will have a leadership responsibility that lasts throughout the trek: Crew Leader, Chaplain's Aide, and Wilderness Pledge Guia. In addition, all members of the crew will serve in some leadership role each day, either as the primary or the assistant. Examples of rotated leadership responsibilities for the crew include: navigator, cook, dishwasher, bear bags manager, water gatherer, and fire watchman (when fires are permitted).

Religious Observances

Chaplains from the Catholic, Latter-day Saints, Jewish, and Protestant faiths conduct nightly services at Camping Headquarters at 7:00 p.m. and are open to all participants. A non-denominational service will be held at the PTC Chapel on Sunday afternoon, and there may also be sunrise services.

The crew will also appoint a Chaplain's Aide to lead the crew in following the 12th point of the Scout Law.

Transportation

All participants are required to travel to and from Philmont with the Dan Beard Council contingent. The logistics at Philmont are complicated but extremely well managed. Each day over 350 arrive, 350 depart, and 3,500 are trekking in the backcountry!

The Dan Beard Council contingent crew will travel by bus to Chicago then board the Amtrak Southwest Chief train to and from Raton, NM. The crew will sleep in reserved coach seats that recline and will have access to the lounge car with casual seating and a snack bar for socializing. There will likely be many other Philmont crews joining the train along the way! Finally, the crew will return to Cincinnati by car with parent volunteer drivers.

The crew will meet at the University of Cincinnati campus at 6:15 a.m. on Sunday, June 17, 2018 with a planned departure for Chicago at 6:45 a.m. Travel will be by MegaBus to Chicago; transfer there to the Southwest Chief train to Raton, NM; and then Philmont bus transportation to Philmont. Return travel will be the same except the crew will disembark from the train in Galesburg, IL. 2-3 parent volunteers will drive the crew back to Cincinnati from there. The estimated arrival in Cincinnati is 8:00-9:00 p.m. on Sunday, July 1, 2018. Departure and return times are estimated. ***Exact times will be announced at the Contingent Meeting on April 22, 2018.***

Gear & Equipment

Packs and Bags

Equipment	Qty	Comments	Code ¹	Check
Backpack - rental available (\$30)	1	internal frame 75L +/- 4600 cu inches external frame 65L +/- 3966 cu inches	T	
Summit/Daypack	1	side hikes	T, S	
Lashing Straps	1 pr	holds sleeping bag on pack	T	
Gal. Ziploc Bags	6-12	pack clothes	T	
Pack Cover	1	waterproof	T	
Small Stuff Sacks	2-3	pack/organize personal items	T	
Ditty Bags	2-3	pack/organize personal items	T	

Head-Neck-Hand

Equipment	Qty	Comments	Code	Check
Wool or fleece hat	1	warm hat for cold temps	T	
Glove liners or mittens	1 pr	synthetic wool	T	
Baseball cap or wide brim hat	1	sun protection of ears, face	T	

Lower Body Layers

Equipment	Qty	Comments	Code	Check
Base Layer (mid-wgt) synthetic	1	long underwear top	T	
Rain Pants	1	lightweight & sturdy	T, A	
Long Pants	1	no heavy jeans	T	
Underwear	3		T	
Hiking Shorts	2		T	

¹ Code: **A** = Easily accessible in pack or carried on person; **BB** = Packed together in plastic bag - placed in bear bag at night; **O** = Optional; **S** = Share with buddy; **T** = Available at Philmont's Tooth of Time Traders

Upper Body Layers

Equipment	Qty	Comments	Code	Check
Base Layer (mid-wgt) synthetic	1	long underwear bottom	T	
Middle Layer (fleece pullover)	1	opt - wool sweater	T	
Top Layer (synthetic jacket)	1	wool or polarfleece ok	T	
Rain Jacket	1	sturdy, waterproof jacket w/hood, coated nylon and breathable fabrics acceptable.	T, A	
Shirt - Short Sleeve	2	moisture wicking no cotton or nylon	T	
Shirt - Long Sleeve	1	moisture wicking no cotton or nylon	T	
Sports Bra	2	synthetic	T	

Sleeping Gear

Equipment	Qty	Comments	Code	Check
Sleeping Bag	1	rated 20 degrees and less than 5 lbs/packed in compression sack lined w/plastic bag	T	
Waterproof Stuff Sack	1	Or 2 heavy duty 4-6 mil plastic bags	T	
Sleeping Pad	1	closed-cell foam or fully inflatable pad	T	
Sleep Clothes	1 set	worn only in sleeping bag-t-shirt & gym shorts acceptable.	T	

Footwear

Equipment	Qty	Comments	Code	Check
Boots	1 pr	well broken in	T	
Socks	3 pr	synthetic or wool	T	
Liner Socks	3 pr	synthetic	T	
Camp Shoes	1 pr	lightweight sneakers	T	

Miscellaneous Items

Equipment	Qty	Comments	Code	Check
Bowl	1	deep bowl of lightweight material	T	
Mug/Cup	1	measuring style recommended 12-20 oz	T, O	
Spoon/Spork	1	Lexan or lightweight-sporks are popular	T	
Water Bottles/1 qt	4 or more	qty reduced if also using hydration bladder in pack	T, A, BB	
Pocket Knife	1	small knife sufficient	T, A, S	
Matches/Lighter	1	pack in waterproof container/lighting camp stove	T, A, BB, S	
Flashlight/Headlamp	1	durable/lightweight-bring extra batteries	T	
Trekking Poles w/rubber tips	1 pr	reduce impact - 25% - knees & ankles, improve balance	T, O	
Philmont Map	1	sectionals available for your itinerary or overall	T, A, S	
Compass	1		T, A, S	
Bandana/tubular headgear	2	bandanas or headgear also known as Buffs work well/many brands on the market	T, BB	
Money	\$50	ATM in Base	BB	
Lip Balm	1	moisturizing balm w/SPF 25 or greater	T, A, BB	
Soap	1	biodegradable	T, BB, S	
Toothbrush	1	trial size	T, BB	
Toothpaste	1		T, BB, S	
Camp Towel	1	small, quick dry	T	
Tampon/Pads			T, BB	
Personal Medication		enough for entire trek		
Sunglasses	1		T	

Watch	1		T, O	
Camera	1	batteries/memory card	T, BB, S	
Whistle	1		T	
Fishing Equipment	1	some itineraries have opportunity to fish	O	
Fishing License	1	some itineraries have opportunity to fish-NM State fishing license required	T, O	
Postcards	1+	pre-stamped	T, O	
Foot Powder	1		T, BB, S	
Notepad & Pen	1		T, BB, O	

Equipment Provided by Crew

In addition to personal gear, the Crew will bring the following “Crew Gear.” Crew members may be asked to assist in borrowing or loaning this gear for the trip.

Equipment	Qty	Comments	Code	Check
Sewing Kit	1		T	
Tent Stakes	5 per person		T	
Water Container 2.5 gal	2-3	Collapsible	T	
Backpacking Stove	2-3		T	
Fuel Bottle/ 1 QT	2		T	
Fuel Funnel	1		T	
First Aid Kit			T, BB	
Duct Tape	1	for trail repair	T, BB	
Spices		for cooking	T, BB, O	
Waterproof Ground Cloth	1/tent	6' x 8'	T	
Nylon Cord	3	50 ft x 1/8"	T	
Sunscreen	2-3	6 oz tubes w/SPF 25 or higher	T, BB	

Insect Repellent	2	small bottles, no aerosol spray cans	T, BB	
Water Purifiers/Filters	2-3	Optional	T, O	
Multi-Tool	1		T	
Trowel/Shovel	1		T	
Carabiner	1	Carabiner must be rated climbing strength for rigging “oops” bag w/bear bags	T	

All remaining gear will be issued to the Crew by Philmont for the trek. This will include tents, dining fly/tarp, cooking pots, toilet paper, etc.

Cooking & Eating

Meals during travel to and from Philmont will be purchased at local restaurants or on the train. An allowance to pay for these meals is included in the cost for the trip. Crew members can pack small meals and snacks for the trip out and may be provided an opportunity to purchase meals and snacks in Raton, NM before the return trip.

On their arrival and departure days, the crew will eat meals in the Philmont dining hall. While on the trail, the crew will pass through designated backcountry commissary camps every 3-4 days to pick up trail meals. Packaged in durable, recyclable plastic bags, these lightweight trail meals have been carefully developed to meet the dietary and logistical needs of backpackers at Philmont. Each meal bag feeds two people. In addition, most staffed backcountry camps have a "swap box," where participants can leave unopened meal items or pick up additional items left recently by other crews.

On the trail, the crew eats a total of 30 unique meals (10 days in the backcountry x breakfast/lunch/dinner). Every trail dinner is a cooked meal; however, all lunches and most breakfasts are designed to be eaten while hiking, if desired.

Please see the Lead Crew Advisor if you have food allergies, religious food needs, or other dietary restrictions.

Medical Requirements

Participation in a Philmont trek is a rigorous adventure, and keeping all participants safe and physically fit is of key importance. Therefore, the following requirements will be followed.

Height & Weight Requirements

Each participant in a backcountry Philmont trek must not exceed the maximum acceptable limit in the weight-for-height chart below. The right column shows the maximum acceptable weight for a person's height in order to participate in a Philmont trek. Those who fall within the limits are more likely to have an enjoyable trek and avoid incurring health risks. Every Philmont trek involves hiking with a 35 to 50-pound backpack at elevations of 6,500 to 12,500 feet. Philmont recommends that participants carry a pack weighing no more than 25% to 30% of their body weight.

Height (inches)	Max. Weight	Height (inches)	Max. Weight
60	166	70	226
61	172	71	233
62	178	72	239
63	183	73	246
64	189	74	252
65	195	75	260
66	201	76	267
67	207	77	274
68	214	78	281
69	220	79 and over	295

This table is based on the revised Dietary Guidelines for Americans from the U.S. Department of Agriculture and the Department of Health and Human Services.

Participants 21 years and older who exceed the maximum acceptable weight limit for their height at the Philmont medical recheck will not be permitted to backpack or hike at Philmont. For example, a person 5' 10" cannot weigh more than 226 pounds.

The Philmont physicians will use their best professional judgment in determining participation in a Philmont trek by individuals under 21 years of age who exceed the maximum acceptable weight for their height. Participants under 21 years of age are strongly encouraged to meet the weight limit for their height, and exceptions are not made automatically, and the maximum allowable exception will be 20 pounds. Discussion in advance with Philmont regarding any exception to the weight limit for persons under 21 years of age is required, whether it is over or under.

Under no circumstances will any individual over 295 pounds be allowed to participate regardless of height or age. This limit is necessary due to limitations of rescue equipment and for the safety of Philmont personnel. The maximum weight for horse rides is 200 pounds.

Individuals not meeting the physical requirements for participation will not be allowed to participate, and will be sent home. This can also put a crew's participation at risk if the crew does not meet requirements for participation if the individual(s) removed were part of the required adult leadership or medical coverage. **Please plan accordingly and understand that exceptions to Philmont's physical requirements will not be made.**

Health & Medical Record

Every participant is required to have a medical evaluation within 12 months of their participation date by a physician licensed to practice medicine. The current Philmont Health and Medical Record must be used. The Crew Advisers will collect and hold the forms to be turned in at the Infirmary upon arrival at Philmont.

Please review any health restrictions with the Crew Advisor upon registration. It is imperative that all medical forms are submitted by the published deadlines so that prior approval for participation occurs before you leave for the jamboree. An individual should always contact the family physician first and call Philmont at 575-376-2281 if there is a question about the advisability of participation. Philmont's chief medical officer and other medical staff of the Infirmary reserve the right to make medical decisions regarding the participation of individuals at Philmont.

Participants will go through a medical screening upon arrival at Philmont. In the event a participant is found medically unfit upon arrival, he must return home at his own expense.

Immunizations

Each youth participant and adult adviser must provide verification for the following immunizations:

- Tetanus (within past 10 years)
- Diphtheria Toxoid (within past 10 years)
- Measles (since first birthday)
- Mumps (since first birthday)
- Rubella (since first birthday)
- Trivalent Oral Polio (four doses since birth)
- Chicken pox (since first birthday)

Immunizations are available at Philmont for a fee for any crew member unable to provide adequate immunization records. The immunization requirement may be waived for persons with religious beliefs against immunization (waiver provided upon request).

Medications

Participants will be responsible for managing their own medication. Participants should bring enough medication for the duration of the trip. Medications should be brought in original containers with prescribing information. It is discouraged that medication be discontinued or initiated just before the trip.

Wilderness First Aid and CPR Certification

Philmont requires that at least 2 members of each crew be certified in Wilderness First Aid (WFA) and at least 2 members be certified in CPR. Any youth or adult crew members may fulfill this requirement, and different individuals may be certified (for example, 4 individuals with 1 certification each could meet this requirement, as could 2 individuals with 2 certifications each). The Crew will determine who will fulfill these requirements and **you may be required to obtain the necessary training**. The Contingent Crew will pay for any costs associated with this training.